



City of Ashland

601 Main Street West, Ashland, WI 54806

City of Bayfield

P.O. Box 1170, Bayfield, WI 54814

City of Washburn

P.O. Box 638, Washburn, WI 54891

Proclamation

“Walk the Talk Today!”

January 7, 2008

Whereas, statistics show Americans are over scheduled, overweight, and overwhelmed. Many of us are too busy to focus on good health habits for our bodies and our environment and many of us are wasting precious time and resources without giving much thought to our actions, and

Whereas, a community based initiative called “Walk the Talk” will begin today, January 7, 2008, and

Whereas, for 90 days, Chequamegon Bay residents, businesses, schools and city governments are being challenged to embrace the power of healthy living, and

Whereas, participants will commit to weekly action focused around 3 simple, fun and motivating steps that will improve individual and community health while reducing environmental waste: move it a minimum of five day’s a week; eat healthy with minimum impacts to the earth; and quench right using reusable water bottles and drinking 48-64 oz. of water, and

Whereas, now is the time to recruit a partner or team of co-workers, friends or family members, and make a commitment to “Walk the Talk” and begin tracking your milestones.

Now Therefore, Ed Monroe, City of Ashland Mayor, Larry J. MacDonald, City of Bayfield Mayor, and Irene Blakely, City of Washburn Mayor hereby pledge to “Walk the Talk Today”!

And Be it Further Resolved, the three Mayors encourage their family, friends and residents to take action and “Walk the Talk Today” with them.

Dated this 7th day of January, 2008.

Ed Monroe, City of Ashland Mayor

Larry J. MacDonald, City of Bayfield Mayor

Irene Blakely, City of Washburn Mayor